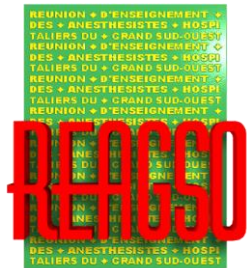




Oxygénation apnéique



Congrès REAGSO

Gruissan

7 octobre 2023 11h45-12h05



Thomas GODET - MD, PhD

Pôle de Médecine Péri-Opératoire - CHU de Clermont-Ferrand

Département de Simulation en Santé – Faculté de Médecine de Clermont-Ferrand

tgodet@chu-clermontferrand.fr





Liens d'intérêts

Dräger (Projets de Recherche, Simulation, Enseignement)

General Electrics (Projets de Recherche)

Fisher & Paykel (Enseignement, Symposium)

Fresenius Kabi (Conférence, Projets de Recherche)

LFB (Enseignement, Projets de Recherche)

MSD (Conférence)

AOP (Projets de Recherche, Conférence)

Edwards Lifescience (Projets de Recherche, Consulting)

Baxter (Conférence, Projets de Recherche)

Smith Medical (Enseignement)



Oxygénation apnéique

Un peu d'histoire...

long as the blood is circulating, a constant stream of reduced hemoglobin passes through the respiratory capillaries. As this reduced hemoglobin is oxygenated, oxygen is removed from the respiratory spaces with the result that both the total barometric pressure and the oxygen partial pressure within the alveoli tend to fall below those of the atmosphere at the glottis. The above sequence of events is, of course, independent of the respiratory movements and continues during apnea as long as the

*Presented before the Twenty-Third Annual Congress of Anesthetists, Joint Session of the

A SCHEMATIC DIAGRAM of this physiologic mechanism is presented in figure 1. The manner of its action is as follows: As long as the blood is circulating, a constant stream of reduced hemoglobin passes through the respiratory capillaries. As this reduced hemoglobin is oxygenated, oxygen is removed from the respirator



Oxygénation apnéique

Définition

As long as the blood is circulating, a constant stream of reduced hemoglobin passes through the respiratory capillaries. As this reduced hemoglobin is oxygenated, oxygen is removed from the respiratory spaces with the result that both the total barometric pressure and the oxygen partial pressure within the alveoli tend to fall below those of the atmosphere at the glottis. The above sequence of events is, of course, independent of the respiratory movements and continues during apnea as long as the

*Presented before the Twenty-Third Annual Congress of Anesthetists, Joint Session of the

The Phenomenon of Diffusion Respiration.*

William B. Draper, M.Sc., M.D. and Richard W. Whitehead, M.A.,
Denver, Colo.

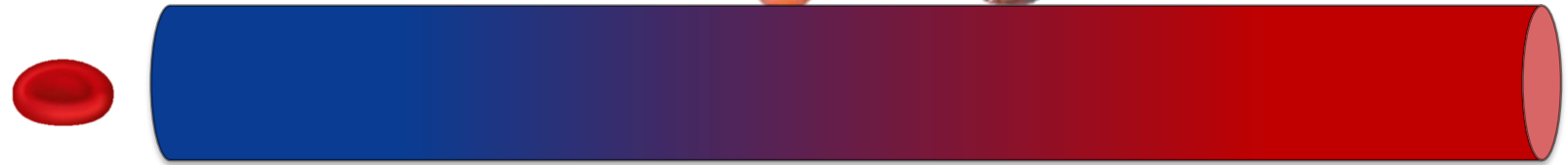
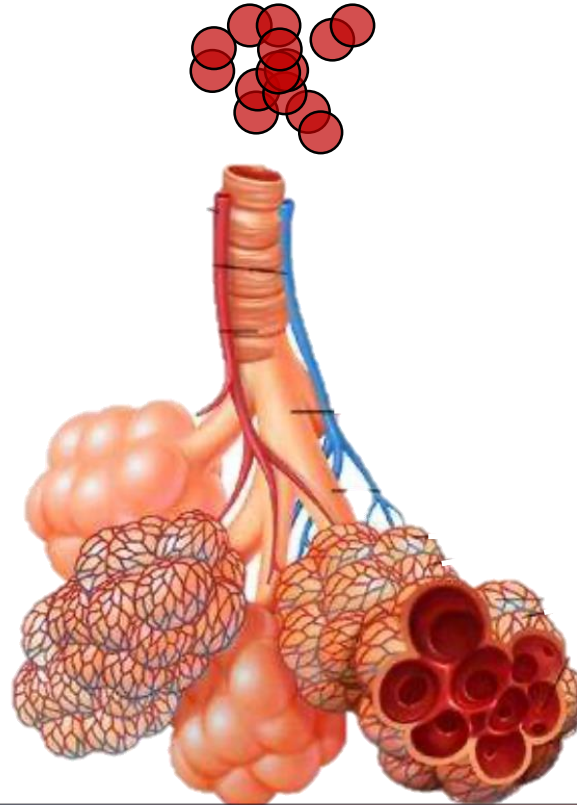
*Department of Physiology and Pharmacology,
University of Colorado Medical Center*



DIFFUSION RESPIRATION differs from the other forms of respiration in the fact that gas exchange between the atmosphere and the lung alveoli takes place in the absence of respiratory movements of the chest and without initiation of any sort of artificial respiration. The phenomenon has been elaborated in several papers from this laboratory.^{1,2} The energy responsible for the flow of atmosphere inward toward the alveoli during diffusion respiration is furnished by the body itself. It is, therefore, a form of natural respiration and should not be confused with "respiration without respiratory movements" described by

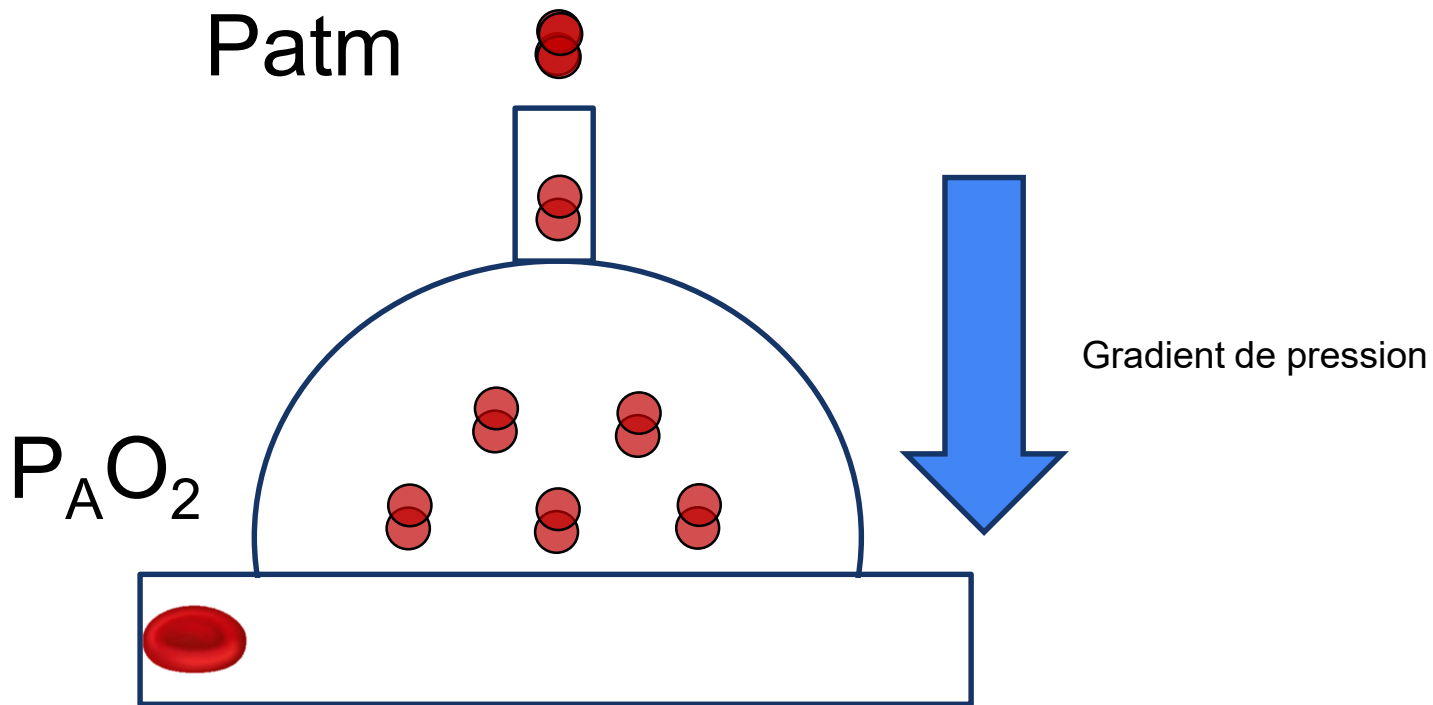
Oxygénation apnéique

REASSO



Oxygénation apnéique

Mécanisme

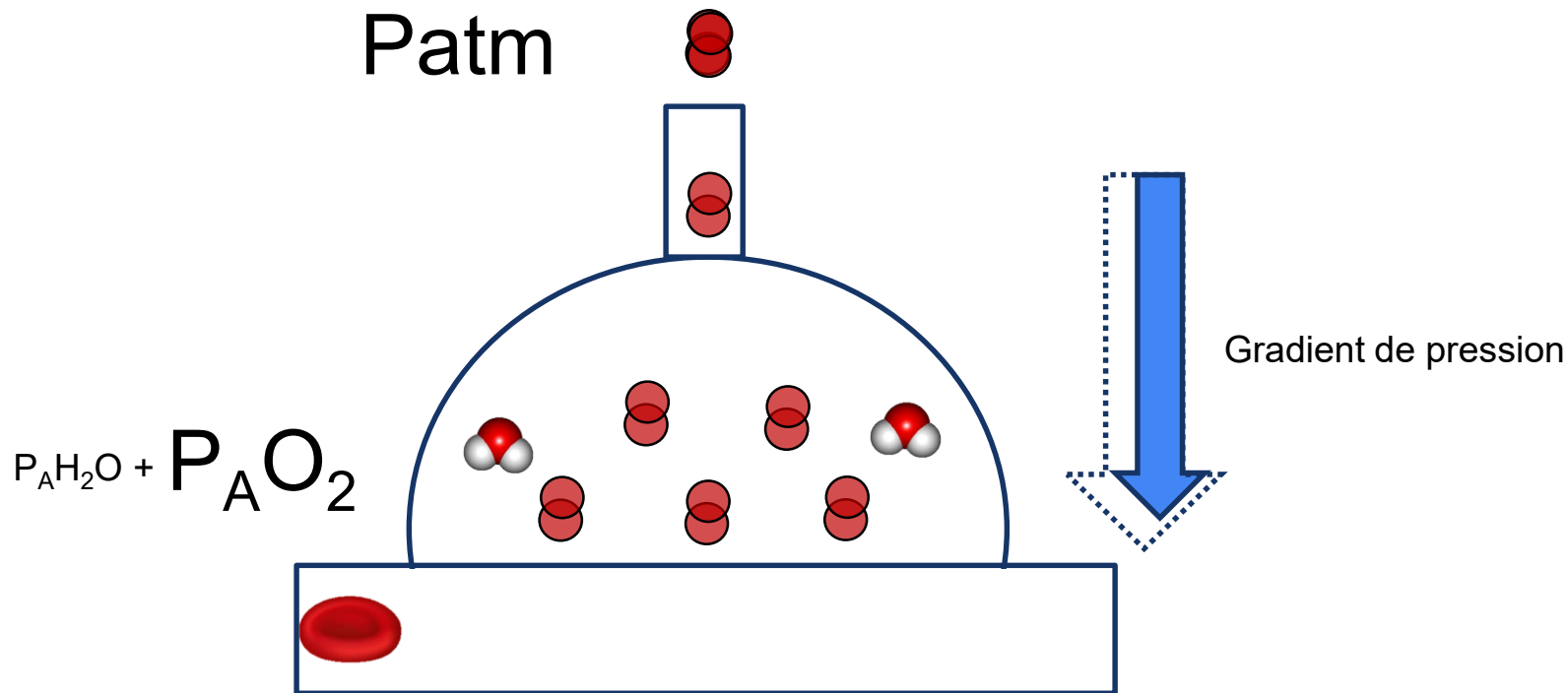


Consommation en O_2
 $VO_2 = 200-250 \text{ mL}\cdot\text{min}^{-1}$



Oxygénation apnéique

Mécanisme



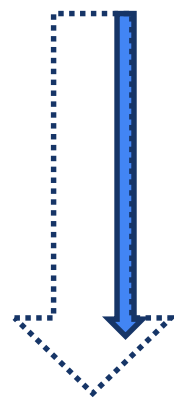
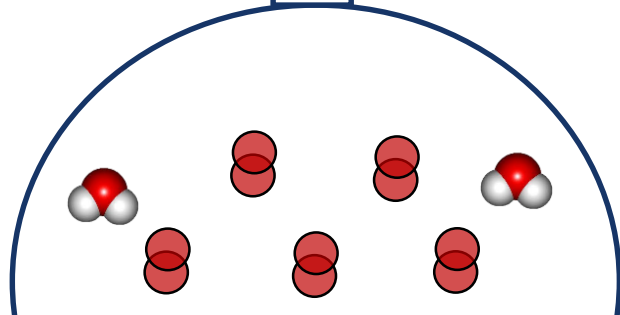
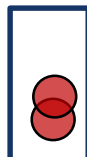
Consommation en O_2
 $VO_2 = 200-250 \text{ mL}\cdot\text{min}^{-1}$



Oxygénation apnéique

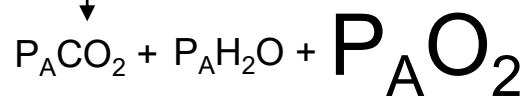
Mécanisme

Patm



Gradient de pression

Libération de CO₂
10-20 mL.min⁻¹



$P_{a\text{O}_2} = 40 \text{ mmHg}$
 $P_{a\text{CO}_2} = 45 \text{ mmHg}$

Consommation en O₂
 $\text{VO}_2 = 200\text{-}250 \text{ mL}\cdot\text{min}^{-1}$

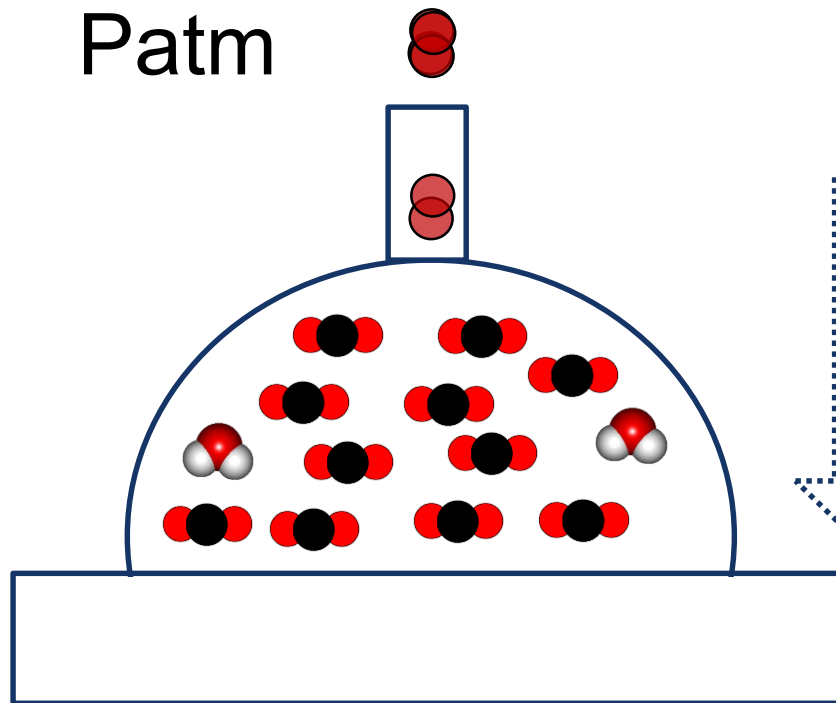
$P_{a\text{O}_2} = 100 \text{ mmHg}$
 $P_{a\text{CO}_2} = 40 \text{ mmHg}$



Oxygénation apnéique

Mécanisme

Patm



Gradient de pression

Libération de CO_2
 $10\text{-}20 \text{ mL}\cdot\text{min}^{-1}$

$P_A\text{CO}_2 + P_A\text{H}_2\text{O} + P_A\text{O}_2$

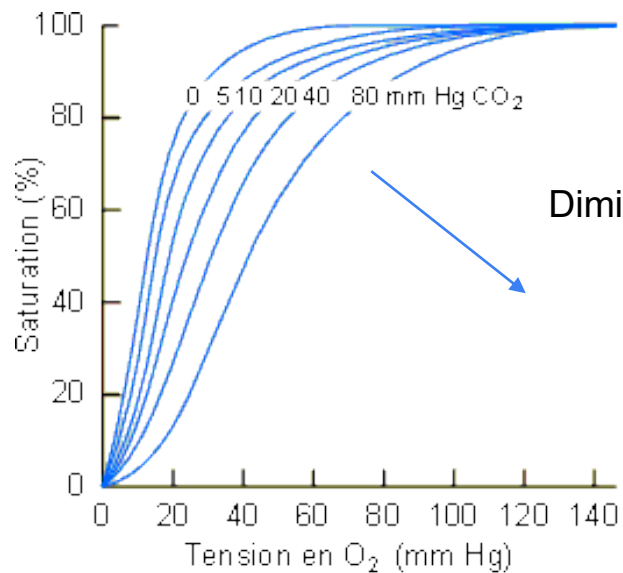
Consommation en O_2
 $\text{VO}_2 = 200\text{-}250 \text{ mL}\cdot\text{min}^{-1}$



Oxygénation apnéique

Définition

Effet BOHR



Diminution de l'affinité de l'Hgb pour l'O₂

=

Moins de captation



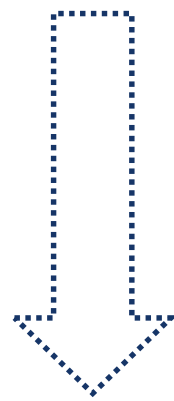
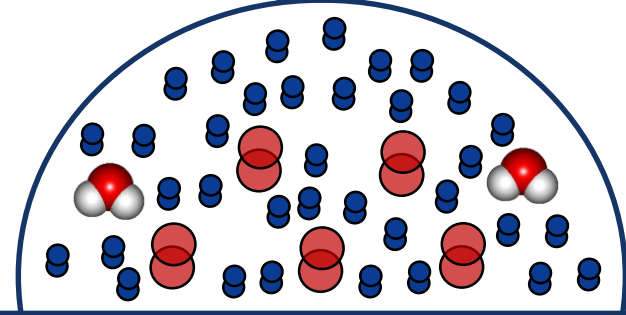
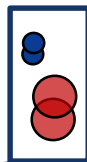
Hypoxémie
Désaturation



Oxygénation apnéique

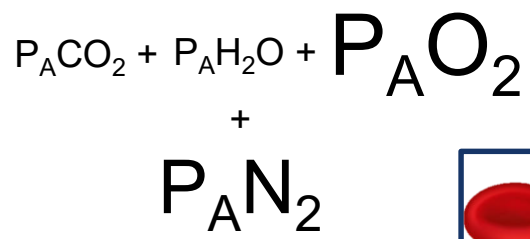
Mécanisme

Patm



Gradient de pression

Libération de CO₂
10-20 mL.min⁻¹



Consommation en O₂
VO₂ = 200-250 mL.min⁻¹



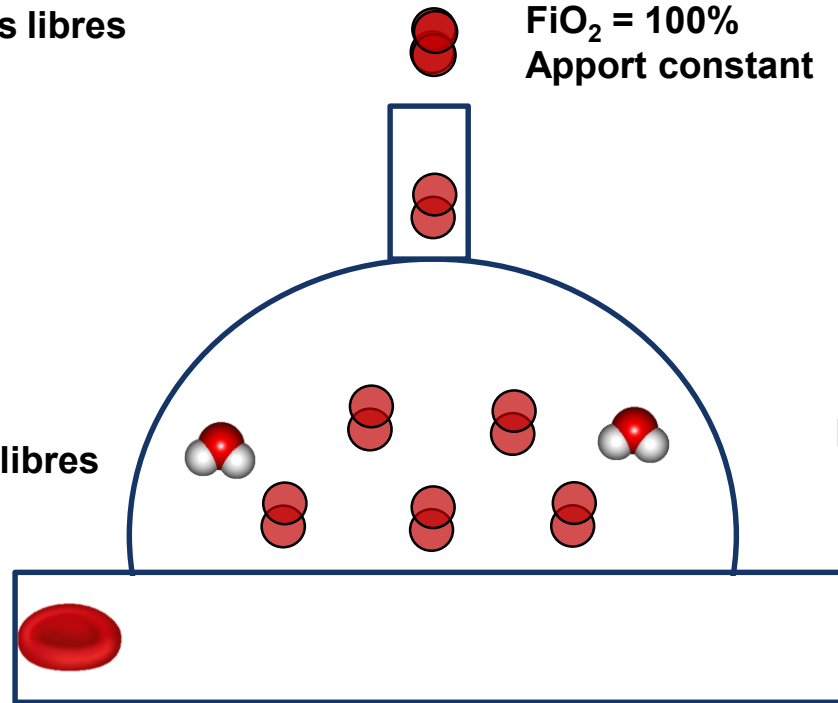
Oxygénation apnéique

Mécanisme

Voies aériennes supérieures libres



Voies aériennes inférieures libres
Alvéoles non collabées



$FiO_2 = 100\%$
Apport constant

$P_{atm} \uparrow$



~~P_{AN_2}~~

FeO_2 élevée (> 80-90%)
Post pré-oxygénation

Perfusion capillaire
pulmonaire efficace



Oxygénation apnéique

Mécanisme

Traceur radioactif
Gamma caméra



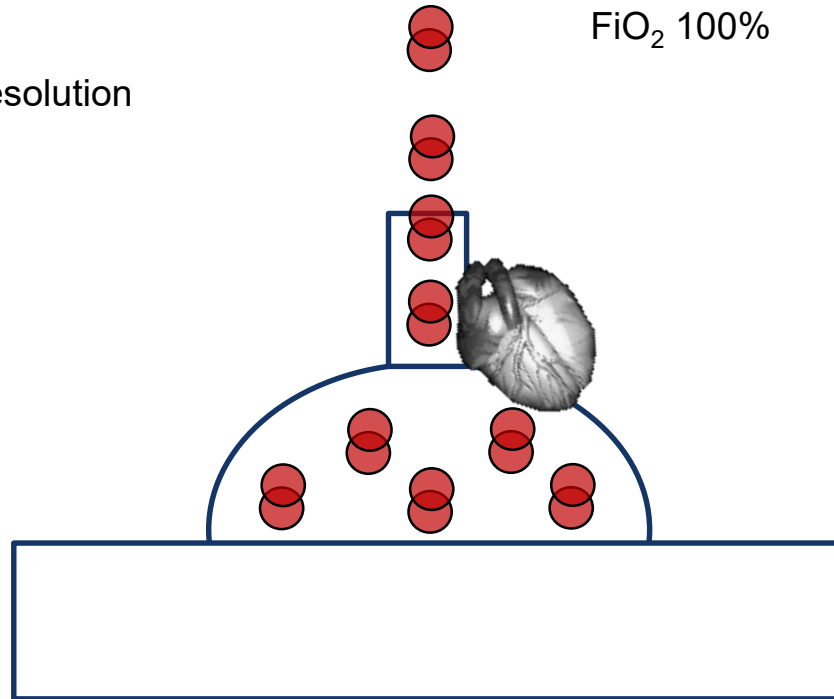


Oxygénation apnéique

Mécanisme

200 patients intubés
Apnée au réveil
Analyseur de débit à haute résolution
Aventilatory mass flow
23 signaux exploitables

135 +/- 32 mL.min⁻¹
Oscillations rapides = FC





Oxygénation apnéique

Est-ce que ça marche?

stances such as in bronchoscopy, result in

Accepted for publication June 25, 1959; presented at the Annual Meeting of the American

pression of the reservoir apparatus. In the first pa

30 minute exposure to 100

- 8 patients intubés
- Dénitrogénés
- Apnée sous AG
- O₂ sur sonde

790

FRUMIN, EPSTEIN, AND COHEN

Anesthesiology
Nov.-Dec. 1959

Apnea was allowed to persist for the desired period, usually between 30-55 minutes. The bag was observed visually or manually for any sign of spontaneous respiration. When movement was observed, more muscle relaxant was given intravenously. The usual fractional dose was 100 mg. of succinylcholine or 9-12 mg.

18-55 min

mined by the technique of Cohen and Goldberg.^{13, 14} The arterial plasma sodium and potassium levels were obtained by flame photometry using an internal standard Baird apparatus. The arterial pressure was determined by auscultation and the mean arterial pressure was estimated as the diastolic pressure plus

pH

PaCO₂

PaCO₂
+ 3 mmHg.min⁻¹



Oxygénation apnéique

Est-ce que ça marche?

Transnasal Humidified Rapid-Insufflation Ventilatory Exchange (THRIVE): a physiological method of increasing apnoea time in patients with difficult airways

A. Patel^{1,2} and S. A. R. Nouraei³

25 patients

Pré-oxygénation

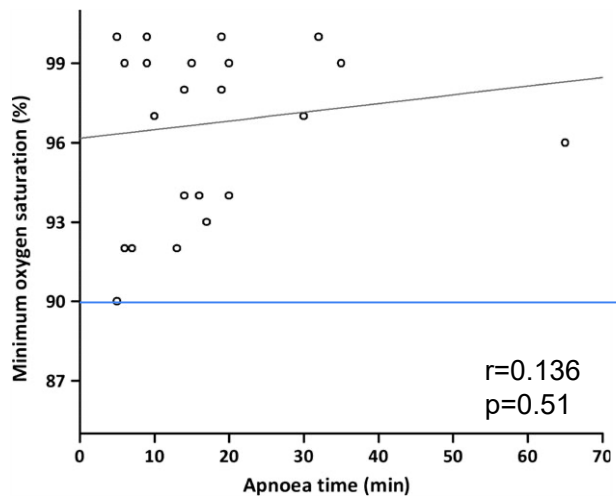
Intubation difficile

ONHD humidifié et réchauffé

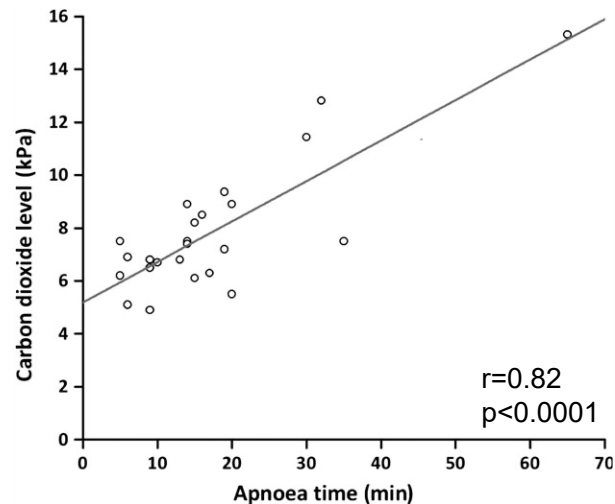
Maintien pendant la laryngoscopie

Subluxation mandibulaire

12 BMI > 30 kg.m⁻²



$$\text{CO}_2 = (5.2 \pm 0.5) + (0.15 \pm 0.02) \times \text{apnoea time.}$$





Oxygénation apnéique

Indications

Pendant la laryngoscopie

Intubation difficile prévue (ou non?)

Haut risque de désaturation

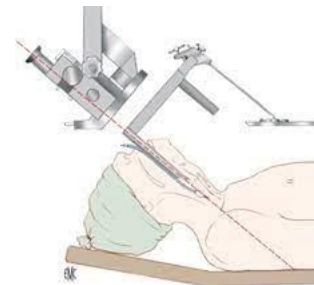


Pendant les sédations procédurales

ORL - CMF

Endoscopies digestives

Fibroscopie pulmonaires





Oxygénation apnéique

Laryngoscopie



High-Flow Nasal Cannula for Apneic Oxygenation in Obese Patients for Elective Surgery: A Systematic Review and Meta-Analysis

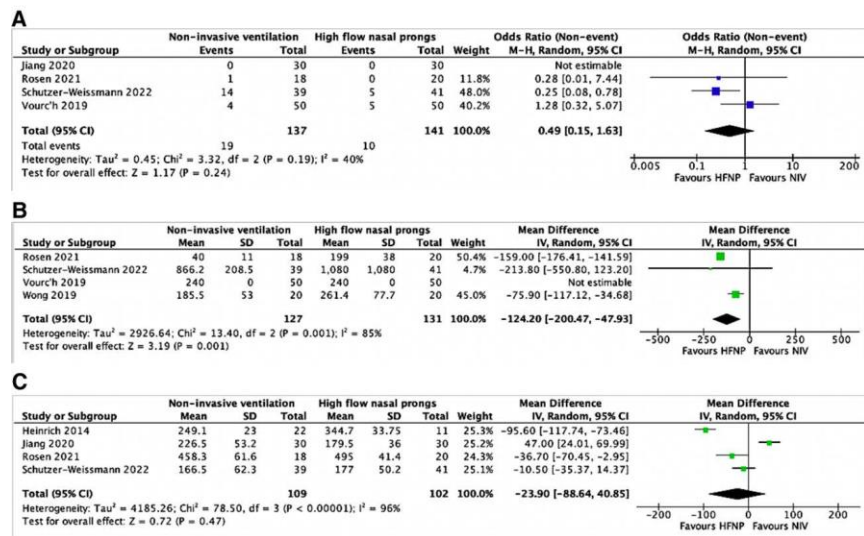
Matthew R. Bright, MD,*† William A. Harley, MD,*‡§ Gina Velli, MInfoMgt.§
 Syeda Farah Zahir, PhD,|| and Victoria Eley, PhD*†

6 RCT
 351 patients
 BMI > 30 kg.m⁻²

SpO₂ < 92%

Temps apnée sans désaturation

PaO₂





Oxygénation apnéique

Pré-oxygénation

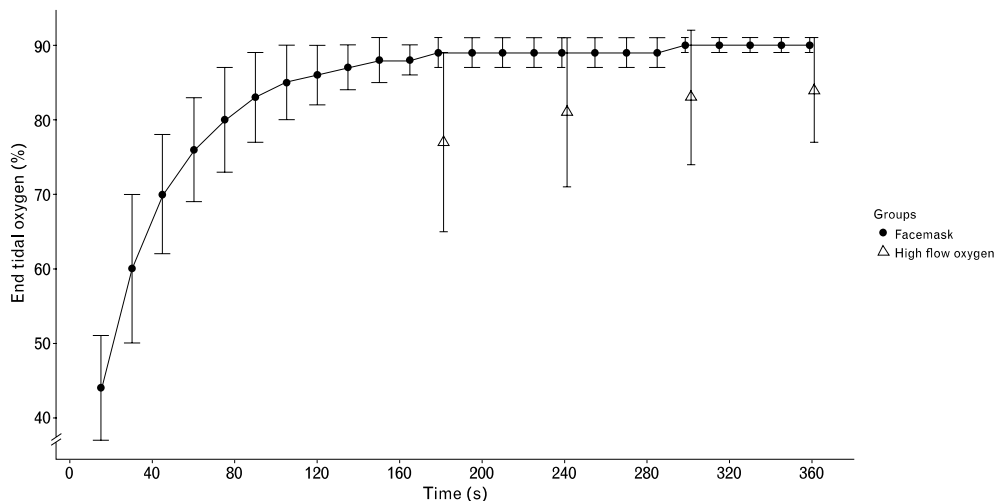


Comparison of pre-oxygenation using spontaneous breathing through face mask and high-flow nasal oxygen

A randomised controlled crossover study in healthy volunteers

Jean-Luc Hanouz, David Lhermitte, Jean-Louis Gérard and Marc Olivier Fischer

50 volontaires sains
Cross-over



	Face mask group (n = 50)	High-flow nasal oxygen group (n = 50)	P
ETO ₂ at 3 min	89 (2)	77 (12)	<0.001
ETO ₂ at 4 min	89 (2)	81 (10)	<0.001
ETO ₂ at 5 min	90 (1)	83 (9)*	<0.001
ETO ₂ at 6 min	90 (1)	84 (7)*	<0.001



Oxygénation apnéique

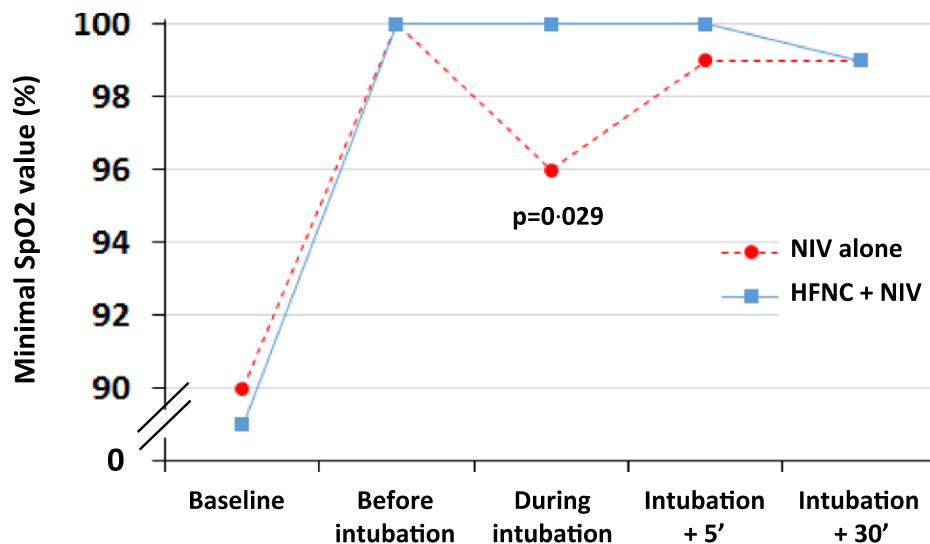
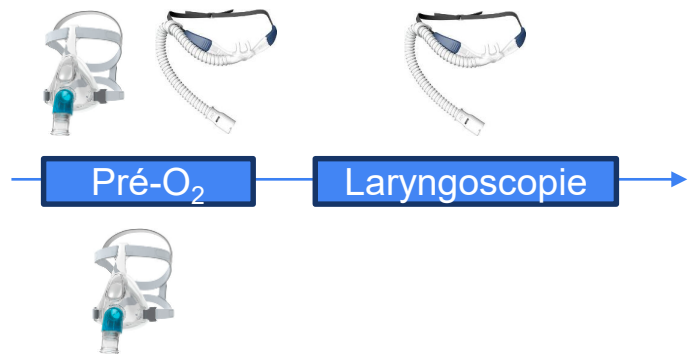
« Pré-oxygénation »



Apnoeic oxygenation via high-flow nasal cannula oxygen combined with non-invasive ventilation preoxygenation for intubation in hypoxaemic patients in the intensive care unit: the single-centre, blinded, randomised controlled OPTINIV trial

Samir Jaber^{1,2*}, Marion Monnin¹, Mehdi Girard¹, Matthieu Conseil¹, Moussa Cisse¹, Julie Carr¹, Martin Mahul¹, Jean Marc Delay¹, Fouad Belafia¹, Gérald Chanques^{1,2}, Nicolas Molinari³ and Audrey De Jong^{1,2}

RCT
49 patients hypoxémiques
ICU



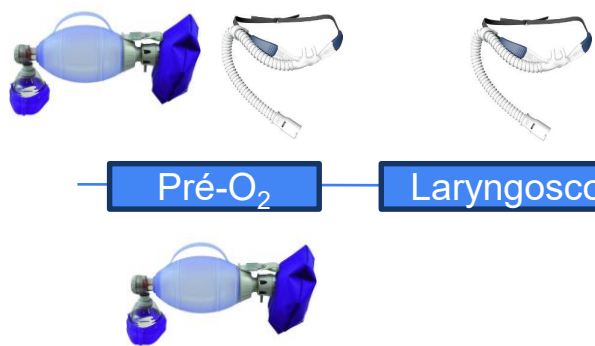


Oxygénation apnéique « Pré-oxygénation »

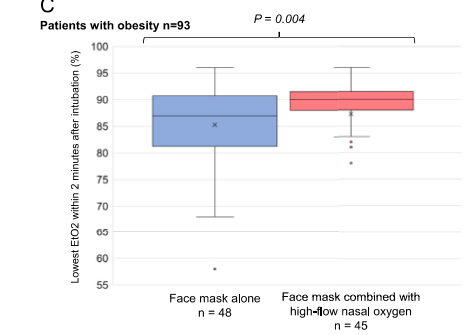
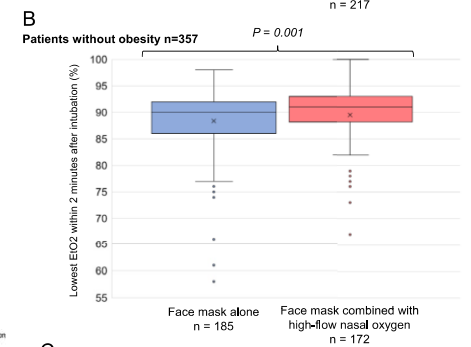
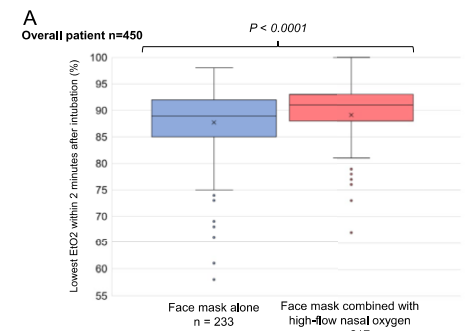
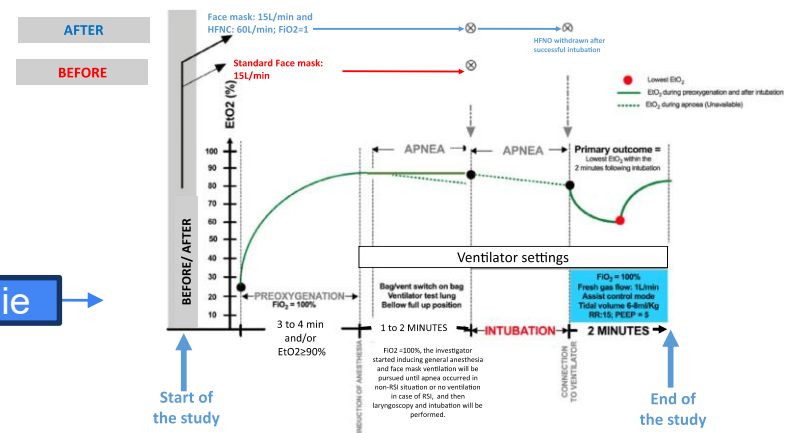
Preoxygenation with standard facemask combining apnoeic oxygenation using high flow nasal cannula versus standard facemask alone in patients with and without obesity: the OPTIMASK international study

Samir Jaber^{1,2*}, Audrey De Jong^{1,2}, Maximilian S. Schaefer³, Jiaqiang Zhang⁴, Xiaowen Ma⁵, Xinrui Hao⁴, Shujing Zhou⁵, Shang Lv⁴, Valerie Banner-Goodspeed³, Xiuhua Niu⁶, Thomas Sfara^{1,2} and Daniel Talmor³

Avant-après
450 patients
OR



Pré-O₂ → Laryngoscopie





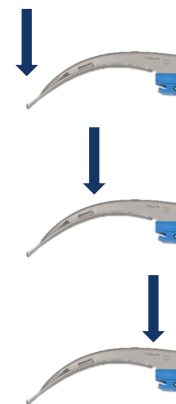
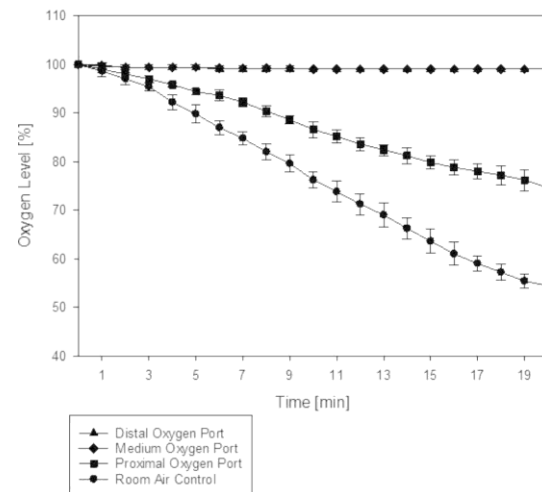
Oxygénation apnéique

Laryngoscopie



The efficacy of apneic oxygenation during intubation using a prototype of an oxygenation laryngoscope - a technical simulation

Wolfgang A Wetsch^{1,2*}, Daniel C Schroeder^{1,3}, Susanne J Herff¹, Bernd W Böttiger^{1,2}, Volker Wenzel^{4,5} and Holger Herff^{1,2,6}





Oxygénation apnéique

Sédations procédurales

Acute sedation-associated complications in GI endoscopy (ProSed 2 Study): results from the prospective multicentre electronic registry of sedation-associated complications

Etude prospective (registre)

39 centres allemands

2011-2014

369206 endoscopies

Table 2 Type and frequency of minor complications

Type of minor complication	n	% relative to all minor complications (1.019)
Respiratory depression	338	33.17
Restlessness/difficult sedation	95	9.32
Aspiration event	71	6.97
Cardiac dysrhythmia (except bradycardia)	101	9.91
Hypotension	127	12.46
Vomiting	54	5.30
Laryngospasm	24	2.35
Sedation hangover	12	1.18
Bradycardia	20	1.96
Cramping	17	1.67
Extravasation	17	1.67
Paradoxical reaction	9	0.88
Allergic reactions	8	0.79
Nosebleed	5	0.49
Fall after mobilisation following endoscopy	1	0.10
Not specified	120	11.78
Total	1019	100

Oxygénation apnéique

Sédations procédurales

High-flow nasal oxygenation during gastrointestinal endoscopy. Systematic review and meta-analysis

Michele Carron^{1,*}, Enrico Tamburini¹, Bijan Safae Fakhr¹, Alessandro De Cassai²,
Federico Linassi³ and Paolo Navalesi¹



Table 1 Characteristics of studies considered for review and meta-analysis. Data and analyses are from recent studies.¹⁴

Study (n)	Procedure	Anesthetic drugs	Population (n/sex)	COF	HFNO
Regard colleagues ¹ (2019)	COF	Propofol (100), midazolam, fentanyl	General (10/50)	5 L·min ⁻¹	100 L·min ⁻¹ (HFNO)
Baron colleagues ¹ (2019)	COF	Propofol (post-surgery)	General (10/94)	2 L·min ⁻¹	100 L·min ⁻¹ (HFNO)
Baron colleagues ¹ (2019)	HFNO	Propofol	General (12/2)	4 L·min ⁻¹	36-100 L·min ⁻¹
Baron colleagues ¹ (2019)	COF	Propofol	General (10/9)	NC	100 L·min ⁻¹
Baron colleagues ¹ (2021)	COF	Propofol, midazolam, opioids, ketamine	General (10/52)	NC (mean)	70 L·min ⁻¹
Kim and colleagues ³ (2021)	HFNO	Propofol, midazolam	General (10/5)	5 L·min ⁻¹	100 L·min ⁻¹ (HFNO)
Marziani colleagues ¹ (2021)	COF	Propofol, midazolam, fentanyl	General (10/52)	6 L·min ⁻¹	100 L·min ⁻¹ (HFNO)
Colleagues ¹ (2021)	COF	Fentanyl	NC	NC	20 L·min ⁻¹



Oxygénation apnéique

Sédations procédurales

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Federico Linassi³ and Paolo Navalesi¹



Table 3 Incidence of hypoxic events, rescue treatment, procedure interruption, and adverse events.

General population of patients*	HFNO n/N (%)	COT n/N (%)
Hypoxic events ⁽⁹⁻¹⁴⁾	74/1431 (5.2)	391/1436 (27.2)
-hypoxic events (SpO ₂ <90%) ⁽⁹⁻¹³⁾	23/1299 (1.8)	165/1306 (12.6)
Hypoxic events with HFNO ≥40 L min ⁻¹ ⁽¹⁰⁻¹³⁾	45/1249 (3.6)	337/1255 (26.9)
Hypoxic events with HFNO <40 L min ⁻¹ ⁽⁹⁻¹⁴⁾	29/182 (15.9)	54/181(29.8)
Non-obese patients		
Hypoxic events ^{9,10,12,13}	27/1216 (2.2)	309/1226 (25.2)
-hypoxic events (SpO ₂ <90%) ^{9,10,12,13}	5/1216 (0.4)	132/1226 (10.8)
Rescue treatment ^{9,10,13}	9/1080 (0.8)	358/1087 (32.9)
-minor rescue treatment ^{10,13}	8/1030 (0.8)	346/1036 (33.4)
-major rescue treatment ^{10,13}	0/1030 (0.0)	3/1036 (0.3)
Total adverse events ^{9,10}	101/1044 (9.7)	145/1051 (13.8)
-respiratory non-hypoxaemic events ^{9,10}	47/1044 (4.5)	48/1051 (4.6)
-cardiovascular events ^{9,10}	37/1044 (3.5)	48/1051 (4.6)
Obese patients		
Hypoxic events ^{11,12}	19/83 (22.9)	39/90 (43.3)
-hypoxic events (SpO ₂ <90%) ^{11,12}	18/83 (21.7)	33/90 (36.7)

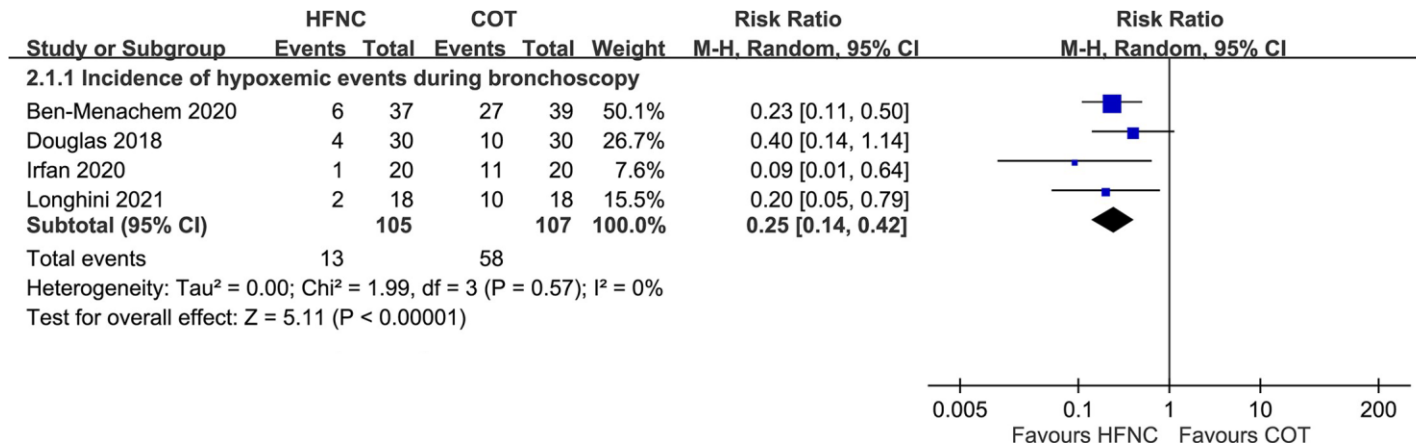


Oxygénation apnéique

Sédations procédurales

High-flow nasal cannula for reducing hypoxemic events in patients undergoing bronchoscopy: A systematic review and meta-analysis of randomized trials

Chien-Ling Su^{1,2}, Ling-Ling Chiang¹, Ka-Wai Tam^{3,4,5}, Tzu-Tao Chen^{1*}, Ming-Chi Hu^{1*}



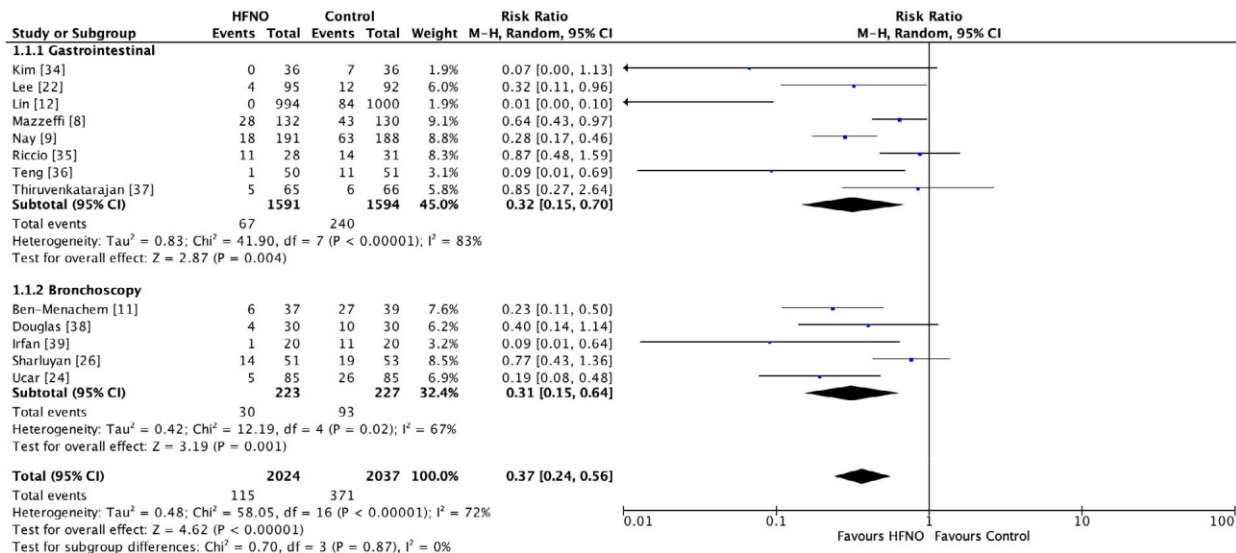


Oxygénation apnéique

Sédations procédurales

Effect of high-flow nasal oxygen on hypoxaemia during procedural sedation: a systematic review and meta-analysis

V. Thiruvenkatarajan,^{1,2}  V. Sekhar,³  D. T. Wong,⁴ J. Currie,⁵ R. Van Wijk^{2,6}  and G. L. Ludbrook⁷ 



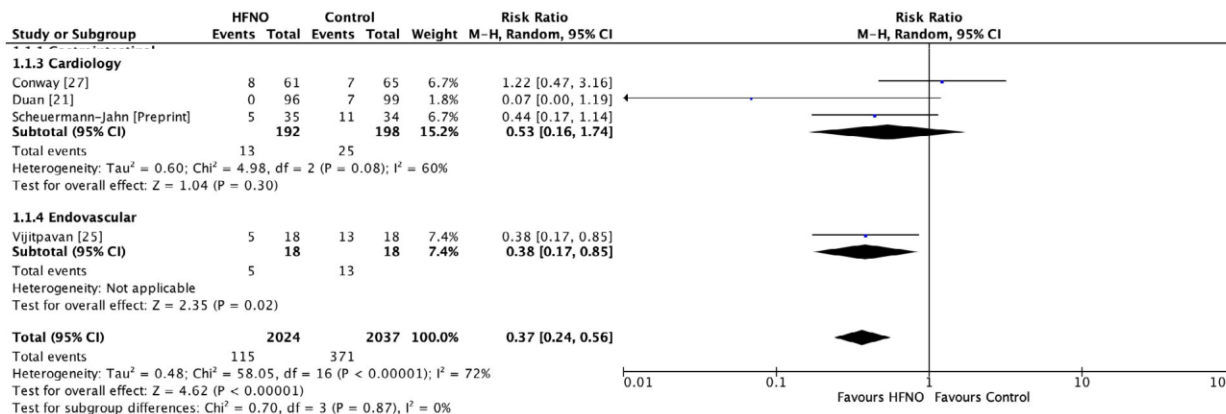


Oxygénation apnéique

Sédations procédurales

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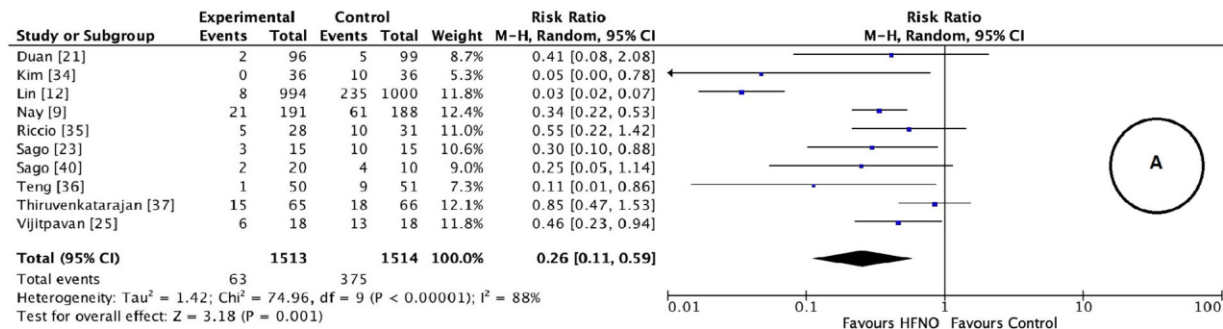


Oxygénation apnéique

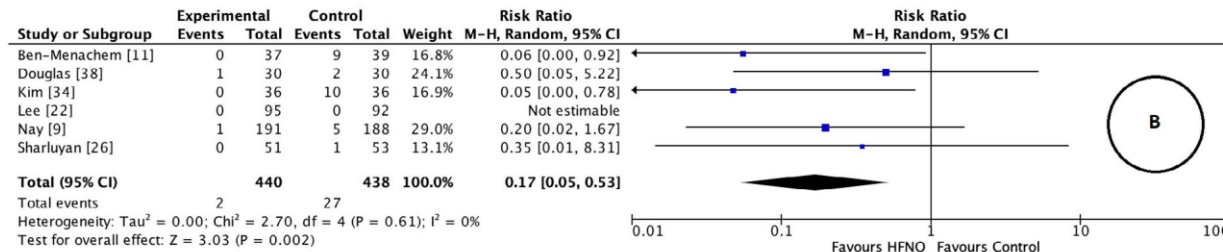
Sédations procédurales

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V. Thiruvenkatarajan,^{1,2} V. Sekhar,³ D. T. Wong,⁴ J. Currie,⁵ R. Van Wijk^{2,6} and G. L. Ludbrook⁷



Manoeuvres de reventilation



Interruption de la procédure

Oxygénation apnéique

Conclusions

Mécanisme physiologique souvent méconnu



Conditions pratiques d'utilisation

FiO₂ 100% - Haut-débit?

Post-pré-oxygénation

Précoce+++

Voies aériennes LIBRES+++

Indications

Laryngoscopie (difficile attendue, précarité du patient)

Sédation procédurale

Place en cas d'intubation difficile non-prévue?

MERCI POUR VOTRE ATTENTION